

Members Corner

A Successful Life Thanks To RI

Submitted by George Collins – Walnut Creek, CA

Without Recovery Inc. I wouldn't be releasing my new book, "Breaking the Cycle," on sexual addiction this October. Without the tools and inspiration of Recovery Inc. I might not even be here. Back in the mid eighties I lived in Mt. Kisco, NY. I was suffering from depression and a failed suicide attempt. By some great stroke of luck I found the Recovery, Inc. meeting in Yorktown Heights (Dolores Gregory was the amazing leader). An absolute Dr. Low miracle occurred and I "got well." The Method worked (quickly) and my life was transformed. I led the White Plains, NY group for a period of time before I moved to the Bay Area (San Francisco) and led the Concord, CA group for some years. I was so inspired by the Method that I decided to get an undergraduate degree and Master's in Counseling Psychology (even though my worst fears were that I couldn't do it). Many, many "spots" ("distressing but not dangerous") later I graduated and started a counseling practice in Walnut Creek, CA. My staff and I now work with men (and their spouses) from all over the world via phone and email. My wife (yes, I was actually able to marry!) and I also have a couples book on sexual addiction coming out in December. I still love to read the examples in the Reporter and an important part of my work with recovering men is to teach them the Recovery tools and Method. Thank you so much for being there. I just thought you might want to hear my success story which all started with, "It's distressing but not dangerous – it really works". My website is www.compulsionsolutions.com.