



**Compulsion Solutions**  
Help for Sex Addiction and Porn Addiction

For help or information  
call **925-932-0201**

## *Media and Promotional Info for*

# *George Collins*



*Do you want a nationally recognized expert on sex and porn addiction with a dynamic personality that will add value to your show or presentation?*

**George Collins is your man:**

- ⌘ ***Nationally recognized expert* appearing on Anderson Cooper and other national, regional and local television shows, radio stations, and internet shows.**
- ⌘ ***Best selling author of [Breaking the Cycle](#), Free Yourself From Porn Obsession Sex Addiction and Shame***
- ⌘ ***Dynamic, captivating, a great story teller, and incredibly knowledgeable***
- ⌘ ***Former sex and porn addict***

- ε **Developed a *revolutionary* treatment program**
  
- ε **A race car driver, MMA enthusiast, and former triathlete**
  
- ε **Co-Authored with his wife [A Couple's Guide to Sexual Addiction](#), A Step-by-Step Plan to Rebuild Trust & Restore Intimacy**
  
- ε **Intimacy expert who regularly presents with the co-author of [A Couples Guide](#), his wife, former Buddhist Nun Paldrom Collins**
  
- ε **Debated Porn Star Nina Hartley on the impact of pornography on a national stage**
  
- ε **+180,000 [YouTube Hits on his Videos](#)**

## More Info

**As seen on Anderson Cooper, George Collins, former sex addict, best selling author & therapist is one of the nation's leading experts on SEX & PORN ADDICTION. He has lived through sex addiction, it almost destroyed his life, and he fought his way out. He has dedicated the rest of his life to helping others Break the Cycle of Sex Addiction.**

In his [Book Breaking the Cycle](#), George developed REVOLUTIONARY techniques to successfully teach sex addicts to confront the negative energy that fuels their addiction and turn that energy into positive life changes, including true intimacy. *Breaking the Cycle* puts Collins' proven approach into easily-digestible chapters that are lessons in change, with detailed information, interesting examples, and life-changing exercises.

## Video

[Book trailer for Breaking the Cycle starring George](#) and a great story about his sex addiction.

George's famous [Blonde and the Beemer](#) story about him following in his car for many miles someone he thought was a beautiful blonde. He started masturbating in his car, only later to learn that she was in fact a he - an ugly guy with long blonde hair.

[Yelling in a Porn Shop I hate this SHIT](#) - George telling a story of a client who went into his favorite and to end his terribly addictive behavior he screamed, in the store, I hate this shit. Some other patrons did the same and followed him as he ran out the door and they all went for lunch.

## Former Sex Addict

As a recovering sex addict, Collins' understands the way addicts think. "No amount of my obsession could possibly satisfy me," he remembers. He knows that sexually addicted men objectify women with airbrushed mental fantasies to hide from true intimacy. His calling is to help them let go of these damaging behaviors and learn to enjoy a satisfying, intimate relationship with a real person by taking these steps:

**Why Talk About Sex and Porn Addiction?** According to MentalHealthTreatment.net, a site that provides reference information for those seeking treatment for mental health issues, more than 9 million Americans have some form of sex addiction and recent studies have found that 25 percent of those view internet porn during work hours. The average age of exposure to hardcore pornography on the internet is 11. A record number of men and women are identifying themselves as sex and porn addicts. Medical studies have confirmed that young men suffer Erectile Dysfunction because of compulsive porn use. This is unprecedented.

*This is a MAJOR issue with devastating effects. Awareness is critical.*

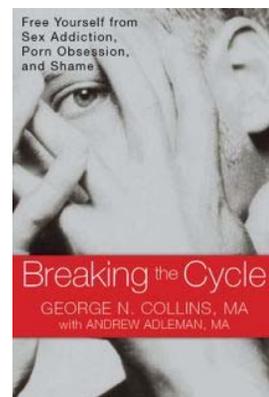
## Books

In his practice with hundreds of clients over 20 years, George Collins, a former sex addict, has developed techniques to successfully teach sex addicts to confront the negative energy that fuels the addiction and turn that energy into positive life changes, including true intimacy. [Breaking the Cycle](#) puts Collins' proven approach into easily-digestible chapters that are lessons in change, with detailed information, interesting examples, and life-changing exercises.



He has also co-authored [A Couple's Guide to Sexual Addiction](#), A Step-by-Step Plan to Rebuild Trust & Restore Intimacy with his wife Paldrom Collins.

The book takes readers by the hand and gently and compassionately leads them from the pain and disillusionment of a relationship shattered and betrayed through a forest of confusing past and



present influences toward a future based on trust, vulnerability, and the joy of true intimacy.  
For more information on George visit his website at [www.compulsionsolutions.com](http://www.compulsionsolutions.com).

## Social Media

George has a robust media presence on the web.

